

# PDF | When Breath Becomes Air

by Paul Kalanithi

#1 NEW YORK TIMES BESTSELLER

# WHEN BREATH BECOMES



Finalist  
for the  
Pulitzer  
Prize

# air

PAUL KALANITHI

FOREWORD BY ABRAHAM VERGHESE

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**#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST •** For readers of Atul Gawande, Andrew Solomon, and Anne Lamott, this inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question *What makes a life worth living?*

**NAMED ONE OF THE BEST BOOKS OF THE YEAR BY**

*The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage*

**Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir**

At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. *When Breath Becomes Air* chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality.

What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir.

Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. “I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything,” he wrote. “Seven words from Samuel Beckett began to repeat in my head: ‘I can’t go on. I’ll go on.’” *When Breath Becomes Air* is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

### **Amazon.com Review**

**An Amazon Best Book of January 2016:** *When Breath Becomes Air* is a powerful look at a stage IV lung cancer diagnosis through the eyes of a neurosurgeon. When Paul Kalanithi is given his diagnosis he is forced to see this disease, and the process of being sick, as a patient rather than a doctor--the result of his experience is not just a look at what living is and how it works from a scientific perspective, but the ins and outs of what makes life matter. This heart-wrenching book will capture you from page one and still have you thinking long after the final sentence. - *Penny Mann*



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