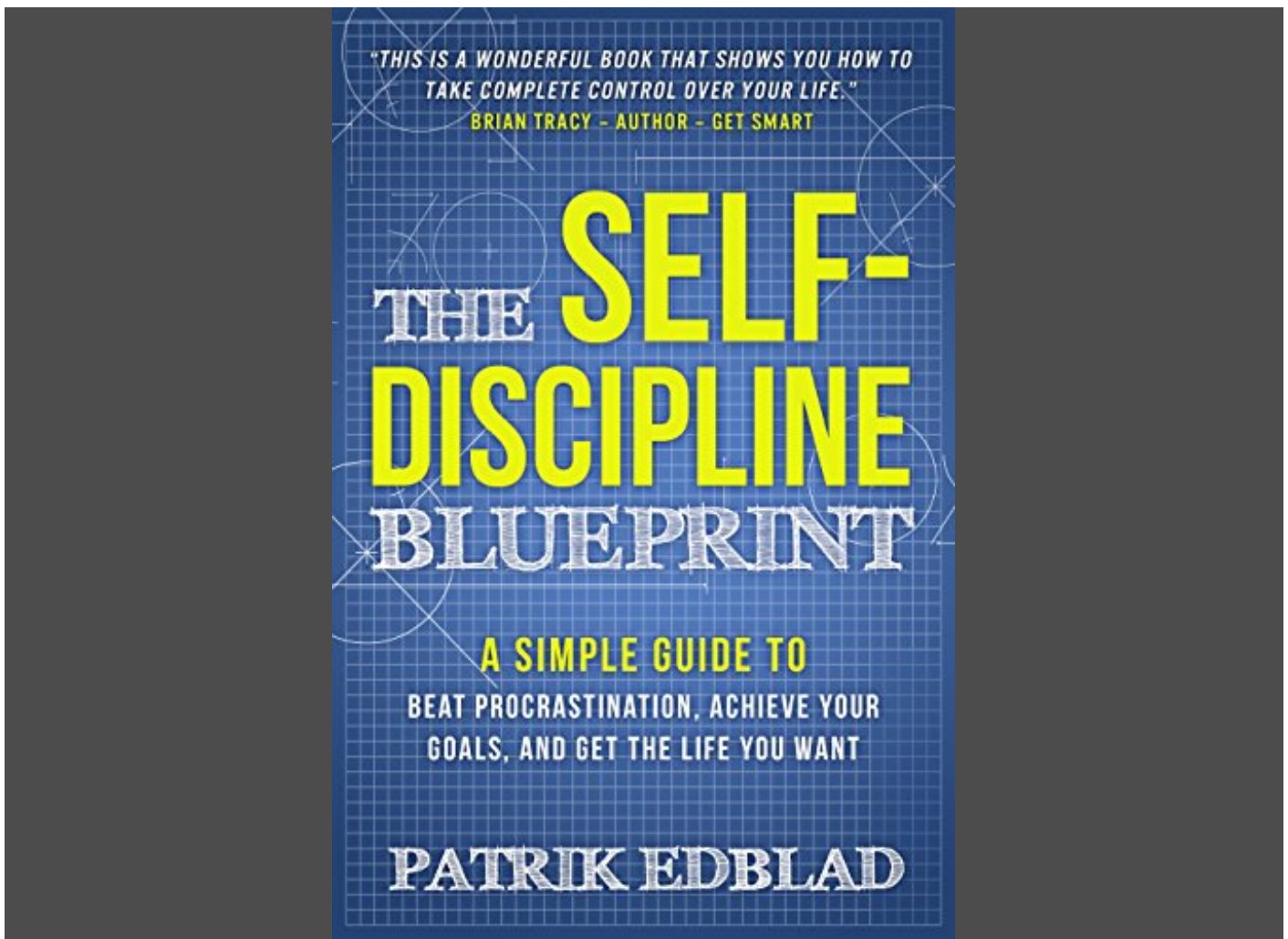


PDF | The Self-Discipline Blueprint: A
Simple Guide to Beat
Procrastination, Achieve Your Goals,
and Get the Life You Want

by Patrik Edblad



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- How to change your mindset to cultivate success
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