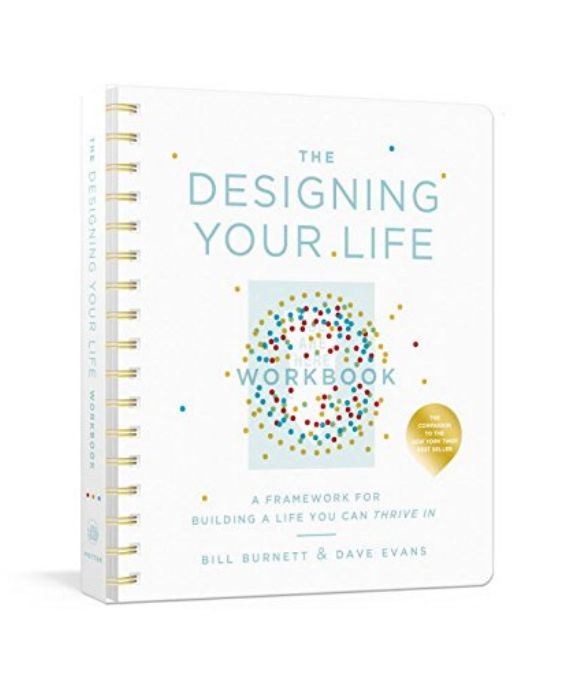
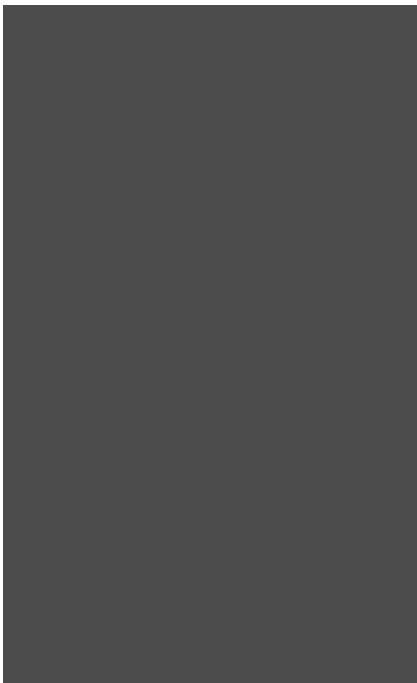


PDF | The Designing Your Life
Workbook: A Framework for Building
a Life You Can Thrive In

by **Bill Burnett and Dave Evans**



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- **Questions** to help you articulate your Lifeview and Workview and define your life design Compass
- **Good Time Journal pages** to log your energy and engagement throughout the day
- **Fold-out dotted paper** for mind mapping to generate new ideas and getting unstuck
- **Worksheets** to help you ideate alternate Odyssey Plans for different versions of the future you
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