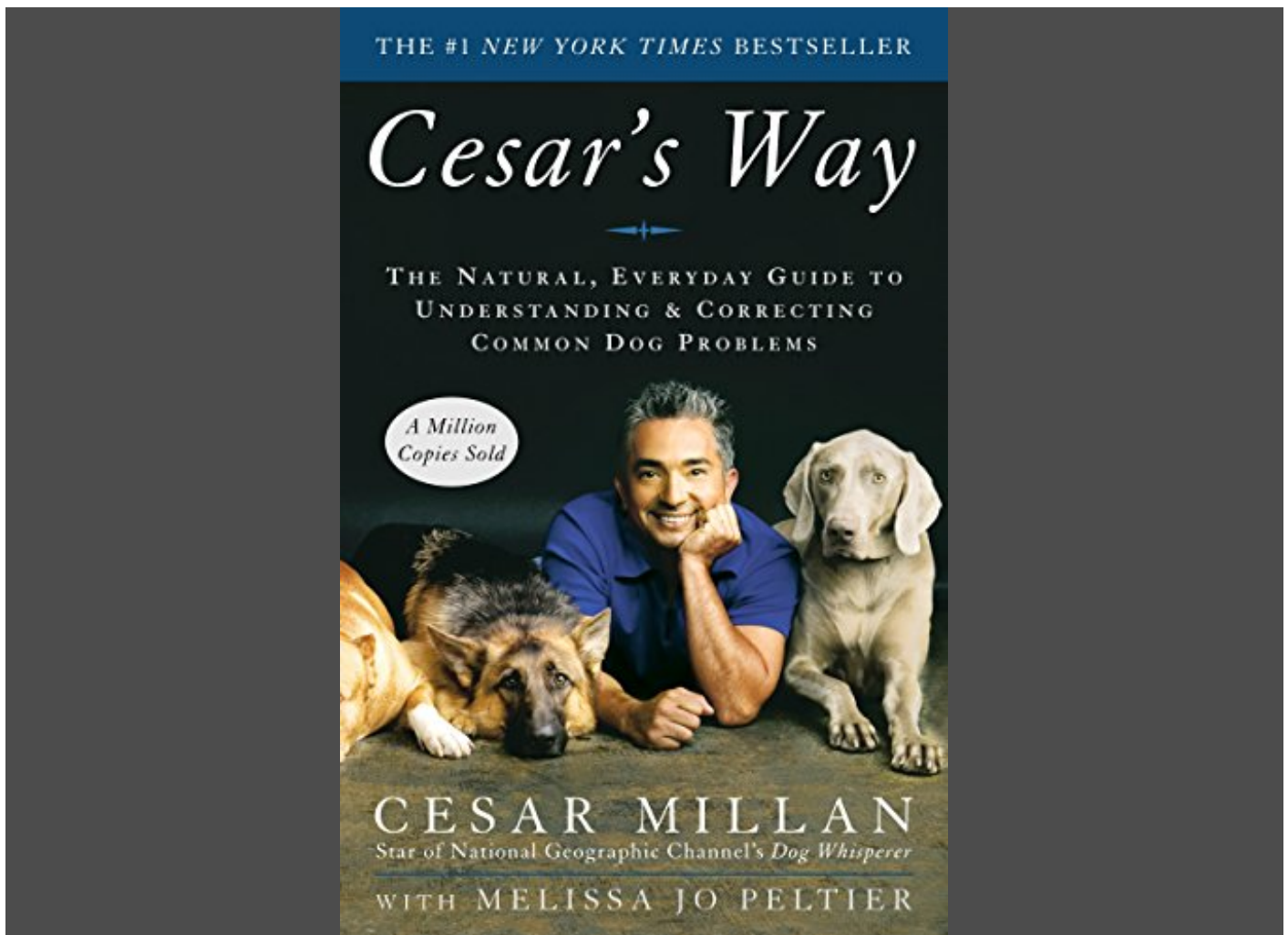


# PDF | Cesar's Way: The Natural, Everyday Guide to Understanding & Correcting Common Dog Problems

by **Cesar Millan and Melissa Jo Peltier**



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In *Cesar's Way*, Cesar Millan—nationally recognized dog expert and star of National Geographic Channel's hit show *Dog Whisperer with Cesar Millan*—helps you see the world through the eyes of your dog so you can finally eliminate problem behaviors.

From his appearances on *The Oprah Winfrey Show* to his roster of celebrity clients to his reality television series, Cesar Millan is America's most sought-after dog-behavior expert. But Cesar is not a trainer in the traditional sense—his expertise lies in his unique ability to comprehend dog psychology. Tracing his own amazing journey from a clay-walled farm in Mexico to the celebrity palaces of Los Angeles, Cesar recounts how he learned what makes dogs tick. In *Cesar's Way*, he shares this wisdom, laying the groundwork for you to have stronger, more satisfying relationships with your canine companions.

Cesar's formula for a contented and balanced dog seems impossibly simple: exercise, discipline, and affection, in that order. Taking readers through the basics of dog psychology and behavior, Cesar shares the inside details of some of his most fascinating cases, using them to illustrate how common behavior issues develop and, more important, how they can be corrected. You'll learn:

- What your dog really needs may not be what you're giving him
- Why a dog's natural pack instincts are the key to your happy relationship
- How to relate to your dog on a canine level
- There are no "problem breeds," just problem owners

- How to choose a dog who's right for you and your family
- The difference between discipline and punishment
- And much more!

Filled with fascinating anecdotes about Cesar's longtime clients, and including forewords by the president of the International Association of Canine Professionals and Jada Pinkett Smith, this is the only book you'll need to forge a stronger, more rewarding connection with your four-legged companion.

Also available as a Random House AudioBook

### Amazon.com Review

Fans of the National Geographic Channel's *The Dog Whisperer with Cesar Millan* will be grateful for *Cesar's Way*, an accessible guide to help new and current dog owners better understand the needs of their beloved pets. If you are not yet a fan, try to catch a couple of episodes of the remarkable show--you will be amazed, impressed, and motivated to create a healthier, more fulfilling relationship with your dog. In *Cesar's Way*, Cesar explains that dogs are not complicated, and despite what various owners think--not human. They rely on three key elements in their lives: exercise, discipline, and affection (in that order). "Problem dogs" can be attributed to "problem owners," owners who don't understand and misinterpret their dog's behavior. *Cesar's Way* is really a training program for dog owners, with chapters devoted to understanding the "power of the pack," taking responsibility for "how we screw up our dogs," and learning how to manage aggression. Cesar's book (a must-have for new and old dog owners) moves beyond basic obedience school techniques, and teaches owners how to change unwanted behavior by better understanding their "best friends." --*Daphne Durham*

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## Exclusive Video from Cesar Millan



[Watch the video](#)

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## Watch a Clip from the Show



Watch Cesar in action in this clip of *The Dog Whisperer with Cesar Millan*, courtesy of the National Geographic Channel. Or, tune in on Friday nights, at 8 p.m. ET/PT.

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## Cesar Millan's Top 5 Tips for Going to the Dog Park



1. Make sure your dog is spayed or neutered, has all her shots, and is in good health. Under no circumstances should you bring a sick dog to a dog park!

2. Do not use the dog park as a substitute for the walk! If you drive to the park, leave your car a block away and take your dog on a vigorous walk of at least thirty-five minutes to drain some of her energy. Never take an over-excited dog to the park.

3. While at the park, don't "punch out" on your calm-assertive leadership. Be aware of your dog at all times, and take responsibility for her behavior.

4. A calm-submissive dog will not attract another dog's aggression--but an excited dog, a weak, timid dog, or an aggressive dog can become a fight-magnet.

5. Know your dog! If your dog has poor social skills, is overly fearful or is dog aggressive, or if you have not yet established your calm-assertive leadership with your dog, find a more controlled way to introduce her to the company of other dogs, such as "play dates" with one or two other dog owners.



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